

How we can support you....

- Talk to us if you are worried about your child's behaviour at home or school.
- Look out for our workshops on key issues like toileting eating and sleeping.

Remember you are not alone....

Other sources of support :

Behaviour support leads in school Kerry Butler, Helema Shah and Sheila Manion

Marisa Vazquez—parent support

The Children's Learning Disabilities Team

CAMHS—clinical team of psychologists, therapists

Educational Psychologist services

Continence service

Sleep tight clinic

Riding The Rapids

Occupation Therapy for sensory needs

www.autism.org – National Autistic Society

www.downs-syndrome.org.uk

www.challengingbehaviour.org.uk



Supporting behaviour positively...

Information for
Parents

*“What’s most
important?”*

All behaviour has a reason!



How do we support challenging Behaviour?

We start to put a plan in to place....






Every behaviour has a reason so first we ask ourselves what is that child's behaviour trying to tell others: Is it.....

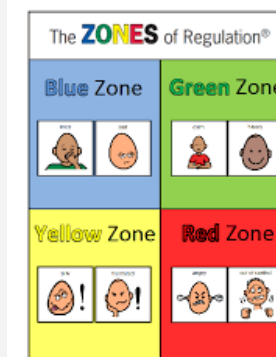
- To escape or avoid
- To gain attention or protest.
- To get something
- To meet sensory needs

Sometimes we don't know why a child is behaving in a challenging way but we will monitor situations to find out if there is a pattern. We might ask you to help us work out different triggers and reasons for the behaviour.

The behaviour support advisor in school might come and observe your child or meet up with the class team or with you.

Strategies children might use...

Level	Person, place or thing	Makes me feel like this:
5		This could make me lose control!!!! 
4		This can really upset me. 
3		This can make me feel nervous. 
2		This sometimes bothers me. 
1		This never bothers me. 



Staff training:

We have regular accredited in house training in Team Teach. This teaches us strategies for supporting positive behaviour and how to use positive handling in the least restrictive way to support your child.

www.team-teach.co.uk



The positive handling policy on the website can give you more details or we can send you the policy.

Strategies we might use...

- Diverting to something else
- Distracting from issue
- Making work into a game
- avoiding some situations
- using visual supports like symbols to explain,
- not putting too many demands
- Calm room environment
- Following clear routines and timetables,
- Helping pupils always know what is happening next
- Clear rules and consequences

If we risk assess that we need to use positive handling to support your child and keep them safe then we will always follow clear safety rules. We will talk with you so that you are part of the Behaviour Support Plan and Risk Assessment process. We will record this to share with you. We will also share details of incidents and progress that relate to your child's behaviour support plan.

The Behaviour Support Plan

We make a plan with everyone and share it with you and it lists...

- What the behaviour is telling us
- What works/ what to avoid
- What they are good at
- What we can change—in the classroom
- What support they need at certain times,
- What we can teach them eg take a break when you feel stressed.
- What the early warning signs are so we can make it right for them
- What stages they go through when they go into crisis.
- What we will do if they become upset or a danger to themselves or others.
- What we do to help them after an incident

