Manchester Special Educational Needs and Disability (SEND) Local Offer





www.manchester.gov.uk/sendlocaloffer

## DANCE AND MUSIC BOUNCE YOUTH CLUBS SENSORY AND PLAY SWIMMING AND SPORTS ACTIVITIES FOR ALL THE FAMILY MUSEUMS, ART AND THEATRE

## VARIOUS

#### AUTISM FRIENDLY CINEMA SCREENINGS

*TIME:* Various *LOCATION:* Odeon, Cineworld, Vue, Showcase cinemas *AGE:* Any

DISABILITY: Any

COST: Check with cinema

**CONTACT:** Contact your local cinema or check online **WEB:** For screening dates and times see www.dimensionsuk.org/get-involved/campaigns/autism-friendly-cinemascreenings

## DAILY

#### DISABILITY CYCLING

For the whole family TIME: Throughout the week and at weekends, check website for times LOCATION: Longford Park,Chorlton Wythenshawe Park Athletic Track Boggart Hole Clough Par AGE: All DISABILITY: Any COST: £2 per rider CONTACT: Sue Blaylock 07753428937 WEB: www.simply-cycling.org

## DAILY

#### SPLASH STUDIO

Open studio to experiment and play with water *TIME:* 11.00-15.00 *LOCATION:* Whitworth Art Gallery, Oxford Road, Manchester, M15 6ER *AGE:* Any *DISABILITY:* Inclusive - for all children *COST:* Free *CONTACT:* Fiona Cariss - 0161 275 7450 *WEB:* www.whitworth.manchester.ac.uk



### EVERY MONDAY AND SATURDAY

#### INFLATA NATION

Disability session, inflatable bounce centre *TIME:* Mondays 19.00-20.00 Saturdays 0900.10.00 *LOCATION:* Textilose Road, Trafford Park, M17 1WA *AGE:* All *DISABILITY:* All *COST:* £5.95 under 4's, £9.95 over 4's Carers free *CONTACT:* Venue 0161 710 2360 book in advance *WEB:* www.inflatanation.com

## EVERY MON, TUES, THURS

#### JUMP SPACE

Inclusive trampoline, soft play and sensory area *TIME:* Mondays 12.00-13.00 Tuesdays 13.00-14.00 Thursdays 09.00-10.00 and 10.00-11.00 *LOCATION:* 2 Hardman Street, Stockport, SK3 OBJ *AGE:* 4-17 *DISABILITY:* All *COST:* £7 per child *CONTACT:* Venue 0161 637 2800 book in advance *WEB:* www.jumpspace.org.uk

## **EVERY TUESDAY**

#### **DISABILITY YOUTH CLUB**

Multi-sports, music, arts & crafts and fun. *TIME:* 18.30-21.00 *LOCATION:* Woodhouse Park Lifestyle Centre, Portway, Wythenshawe, M22 1QW *AGE:* 11-25 *DISABILITY:* All *COST:* Free *CONTACT:* Venue - 0161 436 0560 *WEB:* www.woodhouseparklifestylecentre.co.uk/activity/ disability-youth-club

## EVERY TUESDAY

#### ACCESS BMX DISABILITY SESSION

TIME: 18.30-20.30 LOCATION: National Cycling Centre, Stuart Street, Manchester, M11 4DQ AGE: 5+ DISABILITY: Any COST: £3.30 CONTACT: n.proudman@eastlandstrust.org WEB: www.nationalcyclingcentre.com

## **EVERY WEEK**

#### ALTERNATE WEDNESDAYS

#### DISABILITY DISCO AND SINGALONG

Disco, DJ, food, raffle and singalong *TIME:* July 10th & 24th, August 7th & 21st 14.00-16.00 *LOCATION:* St John's Social Club, 299 Greenwood Road, Wythenshawe, M22 8HB *AGE:* 18+ *DISABILITY:* Any *COST:* £5.50 includes food and raffle. Carers free *CONTACT:* Pamela 07944 582 539

#### EVERY WED AND SATURDAY

#### VENTURE ARTS DISABILITY ART SESSIONS

TIME: Wednesdays 16.00-18.00 Saturday 10.00-12.00 LOCATION: Venture Arts, 43 Old Birley Street, Hulme, M15 5RF AGE: 8-18 DISABILITY: Any COST: £10 per 2hr session CONTACT: Venue 0161 232 1223 call to book WEB: www.venturearts.org

#### ALTERNATE THURSDAYS

#### SIMTECH FUELLING DISABILITY CYCLING (VELODROME)

TIME: 17.00-18.00 Starting 25th July, 8th & 22nd August, 5th September LOCATION: National Cycling Centre, Stuart Street, Manchester, M11 4DQ AGE: 9+ DISABILITY: Any COST: £6.50 CONTACT: Venue 0161 223 2244 book in advance WEB: www.nationalcyclingcentre.com

#### **EVERY SATURDAY**

#### STOCKIES JUNIOR SEND PLAY GROUP

TIME: 10.00-12.00 (5-9yrs) 13.00-15.00 (10-14yrs) LOCATION: 34 Harboro Road, Sale, M33 5AH AGE: 5-14 DISABILITY: Any disability and SEN COST: £10 per 2 hour session CONTACT: Alex Daly 0161 972 0668 booking essential WEB: www.stockdales.org.uk

#### EVERY SATURDAY

#### **DISABILITY SPORTS**

Multisports session TIME: 13.00-15.00 LOCATION: Woodhouse Park Lifestyle Centre AGE: 8-25 DISABILITY: Any COST: Free CONTACT: Venue 07856 268 933 WEB: www.woodhouseparklifestylecentre.co.uk

#### EVERY SUNDAY

#### **FACTORY SUNDAYS**

Disability club, multi sports, arts, baking, trips out *TIME:* 12.30-16.00 *LOCATION:* Manchester Youth Zone, 931 Rochdale Road, Manchester, M9 8AE *AGE:* 8-25 *DISABILITY:* All *COST:* 50p per session (membership £5/year) *CONTACT:* Corrina Aithison-Hayles 0161 203 5333 *WEB:* www.manchesteryz.org

#### EVERY SUNDAY

#### **EXTREME AIR TRAMPOLINE PARK**

Autism Sessions TIME: 10.00 LOCATION: Extreme Air, Unit 1B, Park Road, Oldham, OL8 1DB AGE: Any DISABILITY: Autism and family COST: £7, carers free WEB: book online https://extremeair.co.uk/bookings/ autism-sessions

#### EVERY SUNDAY

#### FUN & FLOATS RELAXED SWIM SESSION

TIME: 09.00-11.00 LOCATION: Moss Side Leisure Centre, Moss Lane East, Manchester M15 5NN AGE: Family swim DISABILITY: All COST: Various CONTACT: Venue 0161 226 5015 WEB: www.better.org.uk/leisure-centre/manchester

## 20th - 28th JULY





#### 20th JULY

#### SUMMER OPEN DAY DONKEY SANCTUARY

Family fun day, donkey rides and more! TIME: 10.00-15.00 LOCATION: The Donkey Sanctuary, Green Fold, M18 8RJ AGE: All DISABILITY: All COST: Free CONTACT: Facebook - Donkey Sanctuary

#### 20th JULY

#### MANCHESTER ART GALLERY

Open Doors Autism/SEN workshop TIME: 09.15-11.15 LOCATION: Manchester Art Gallery, Mosley Street, Manchester, M2 3JL AGE: Any DISABILITY: All COST: Free CONTACT: Katy McCall 0161 235 8869 WEB: www.manchesterartgallery.org

## 24th JULY

#### **ADVENTURE FOREST SOFT PLAY**

ASD and additional needs session (inclusive) TIME: 09.30-11.30 LOCATION: Unit 16, Severnside, Textilose Road, Trafford Park, M17 1WA AGE: 0-11 DISABILITY: ASD and SEN COST: £5.85, carers free CONTACT: Venue 0161 425 5020 booking essential WEB: www.adventureforestplay.co.uk

## 25th JULY

#### **DISABILITY DISCO**

DJ, buffet, raffle, fun *TIME:* 19.00-22.00 *LOCATION:* St John's Social Club, 299 Greenwood Road, Wythenshawe, M22 8HB *AGE:* 16+ *DISABILITY:* Any *COST:* £8.50 includes food and raffle. Carers free *CONTACT:* Pamela 07944 582 539

## 25th JULY

#### WYTHENSHAWE GAMES INCLUSIVE DAY

Sports and fun for the disabled and non disabled TIME: 11.00-17.00 LOCATION: Wythenshawe park, Wythenshawe Road, M23 OAB AGE: All DISABILITY: All - wheelchair accessible COST: Free WEB: www.wythenshawegames.org.uk

## 27th JULY

#### STOCKDALES CHARITY FROOTBALL MATCH AND FUN DAY

Pony rides, bouncy castle, stalls, face painting, football at 2pm *TIME:* 11.30 onwards *LOCATION:* Wythenshawe town football club, Timpson road, M23 9LL *AGE:* All *DISABILITY:* All *COST:* £1 per person *CONTACT:* Alex Daly - 0161 972 0668 *WEB:* www.stockdales.org.uk

## 29th JULY - 4th AUGUST

## 29th JULY - 29th AUGUST

#### **BILLY AND ANDY'S MUSIC SCHOOL**

Accessible music workshop TIME: Mon to Thurs 10.00-16.00 for 5 weeks LOCATION: Chorlton Scout Hut, Buckingham Road, Chorlton, M21 AGE: 16+, flexible on ages - call to check DISABILITY: All COST: £40 per full day, call to book CONTACT: Andy - 07429 826053 info@billyandandy.co.uk WEB: Facebook - Billy and Andy's Music School

### 29th JULY

#### **DISABILITY FOOTBALL**

City in the Community - separate groups for girls disability football, PAN disability football and cerebral palsy disability football

TIME: 20.00-21.00

LOCATION: City Football Academy, Etihad Campus, M11 4TQ (park at Westgate on Alan Turing entrance) AGE: 6-16

DISABILITY: Any COST: Free



CONTACT: Paul Kelly 07881 343 844 paul.kelly2@cityfootball.com

Call or email before 1st session Every Monday but break for August. Back in September

## 30th JULY

#### MOSSA MOVEMENT

Join us for an hour of creative dance TIME: 15.30-16.30 LOCATION: Whitworth Art Gallery, Oxford Road, Manchester, M15 6ER AGE: 6-16 DISABILITY: All children and families with additional learning needs COST: Pay as you feel (donation) CONTACT: Fiona Cariss - 0161 275 7450 WEB: Facebook - Mossa Movement

## 1st AUGUST

#### UNDER ONE ROOF

Raving for adults with learning disabilities plus friends and family *TIME:* 19.00 onwards *LOCATION:* YES, 38 Charles Street, M1 7BD *AGE:* 18+ *DISABILITY:* Any SEND *COST:* £3 plus booking fee *CONTACT:* Venue 0161 273 2725 *WEB:* Book on www.skiddle.com



## 1st AUGUST

#### PLAY FACTORE DISABILITY SESSION

Soft play TIME: 18.30-20.30 LOCATION: Play Factore, Trafford Quays Leisure Village, Trafford Way, M41 7JA AGE: 1-16 DISABILITY: Any disability, SEND and siblings COST: £12.95 for 5yrs +, carers free CONTACT: Venue 0844 824 6030 or email info@ playfactore.com WEB: www.playfactore.com/disability-play-sessions/

#### 4th AUGUST

#### ACCESSIBLE DANCE AND MOVEMENT CLASS

The Autastic Charity *TIME:* 12.00-13.00 *LOCATION:* Active Me Studios, 194 Abbey Hey Lane, Gorton, M18 8TW *AGE:* 6-12 *DISABILITY:* All *COST:* £2 per child *CONTACT:* Hayley Peters - theautasticcharity@gmail.com *WEB:* Facebook - Autastic Charity



## 5th - 18th AUGUST

## 6th, 9th, 13th & 20th AUGUST

#### **WORLD INSIDE A BOOK**

Interactive show based on Julia Donaldson books (Gruffalos, Dragons and Other Creatures) TIME: 10.00 6th August - Autism friendly 14.15 9th August - BSL integrated 13.00 13th August - Relaxed performance 10.00 20th August - Autism friendly LOCATION: Z-Arts, 335 Stretford Rd, Manchester M15 5ZA AGE: 2-10 **DISABILITY:** Any COST: Ticketed event: contact z-arts to book **CONTACT:** Venue 0161 226 1912 WEB: www.z-arts.org

#### 6th AUGUST

#### **ACCESSIBLE MUSIC WORKSHOP (AMP)**

TIME: 18.30 LOCATION: HOME MCR, 2 Tony Wilson Place, M15 4FN AGE: 18-25 DISABILITY: Any SEND **COST:** Free but booking essential CONTACT: Box office 0161 200 1500 Rosie 0161 212 3455 WEB: www.homemcr.org

## 8th AUGUST

#### SIMTECH FUELLING DISABILITY CYCLING (VELODROME)

TIME: 17.00-18.00 LOCATION: National Cycling Centre, Stuart Street, Manchester, M11 4DQ AGE: 9+ **DISABILITY:** Any COST: £6.50 CONTACT: Venue 0161 223 2244 book in advance **WEB:** www.nationalcyclingcentre.com

## 10th AUGUST

#### **MOSSA MOVEMENT**

Join us for an hour of creative dance TIME: 15.30-16.30 LOCATION: Whitworth Art Gallery, Oxford Road, Manchester, M15 6ER AGE: 6-16 **DISABILITY:** All children and families with additional learning needs **COST:** Pay as you feel (donation) CONTACT: Fiona Cariss - 0161 275 7450 WEB: Facebook - Mossa Movement

### 11th AUGUST

#### MANCHESTER ART GALLERY

Enjoy a tour in BSL TIME: 15.00-16.00 LOCATION: Manchester Art Gallery, Mosley Street, Manchester, M2 3JL AGE: Any **DISABILITY:** Hearing impairment B COST: Free CONTACT: Venue 0161 235 8888 WEB: www.manchesterartgallery.org

#### 14th AUGUST

#### SILENT DISCO AND PICNIC IN THE PARK

Bring a picnic, Disco starts at 1pm TIME: 12.00 - 15.00 LOCATION: Whitworth Art Gallery, Oxford Road, Manchester, M15 6ER AGE: All **DISABILITY: AII** COST: Free CONTACT: Fiona Cariss - 0161 275 7459



## 14th, 15th & 22nd AUGUST

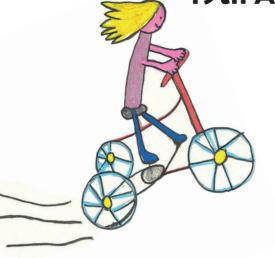
#### WE'RE GOING ON A BEAR HUNT

Disability Performances - 14th August - relaxed ASD friendly, 15th August - audio described, 22nd August - BSL performance TIME: 14.00 **LOCATION:** The Lowry, Quays Theatre, Salford Quays AGE: 3+ **DISABILITY:** ASD friendly, visual impairment and hearing impairment COST: Call for prices, carers consessions available CONTACT: Venue 0161 876 2183

WEB: thelowry.com/whats-on/were-going-on-a-bear-hunt/



# **19th AUGUST ONWARDS**



## 21st AUGUST

#### **ADVENTURE FOREST SOFT PLAY**

ASD and additional needs session (inclusive) *TIME:* 09.30-11.30 *LOCATION:* Unit 16, Severnside, Textilose Road, Trafford Park, M17 1WA *AGE:* 0-11 *DISABILITY:* ASD and SEN *COST:* £5.85, carers free *CONTACT:* Venue 0161 425 5020 booking essential *WEB:* www.adventureforestplay.co.uk

## 22nd AUGUST

#### SIMTECH FUELLING DISABILITY CYCLING (VELODROME)

TIME: 17.00-18.00 LOCATION: National Cycling Centre, Stuart Street, Manchester, M11 4DQ AGE: 9+ DISABILITY: Any COST: £6.50 CONTACT: Venue 0161 223 2244 book in advance WEB: www.nationalcyclingcentre.com

## 28th AUGUST

#### **FESTIVAL IN THE PARK**

Family fun day, disability cycling, music, bouncy castle, stalls, food, fun *TIME:* 12.00 - 15.00 *LOCATION:* Wythenshawe athletic track, M23 OPH *AGE:* All *DISABILITY:* All *COST:* £3 per person *CONTACT:* Sue O'Flaherty - 0161 4980312 sue.lifted16@ gmail.com *WEB:* www.liftedcarerscentre.org.uk

## 29th AUGUST

#### **DISABILITY DISCO**

DJ, buffet, raffle, fun *TIME:* 19.00-22.00 *LOCATION:* St John's Social Club, 299 Greenwood Road, Wythenshawe, M22 8HB *AGE:* 16+ *DISABILITY:* Any *COST:* £8.50 includes food and raffle. Carers free *CONTACT:* Pamela 07944 582 539

### 1st SEPTEMBER

#### ADVENTURE FOREST SOFT PLAY

ASD and additional needs session (inclusive) *TIME:* 09.30-11.30 *LOCATION:* Unit 16, Severnside, Textilose Road, Trafford Park, M17 1WA *AGE:* 0-11 *DISABILITY:* ASD and SEN *COST:* £5.85, carers free *CONTACT:* Venue 0161 425 5020 booking essential *WEB:* www.adventureforestplay.co.uk

### 1st SEPTEMBER

#### ACCESSIBLE DANCE AND MOVEMENT CLASS

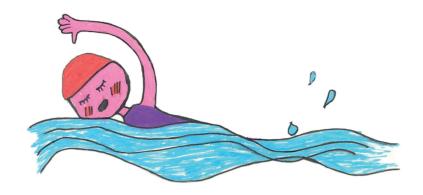
The Autastic Charity *TIME*: 12.00-13.00 *LOCATION*: Active Me Studios, 194 Abbey Hey Lane, Gorton, M18 8TW *AGE*: 6-12 *DISABILITY*: All *COST*: £2 per child *CONTACT*: Hayley Peters - theautasticcharity@gmail.com *WEB*: Facebook - Autastic Charity

#### **5th SEPTEMBER**

#### SIMTECH FUELLING DISABILITY CYCLING (VELODROME)

TIME: 17.00-18.00 LOCATION: National Cycling Centre, Stuart Street, Manchester, M11 4DQ AGE: 9+ DISABILITY: Any COST: £6.50 CONTACT: Venue 0161 223 2244 book in advance WEB: www.nationalcyclingcentre.com

All information correct at the point of print and subject to change at the organisers discression www.manchester.gov.uk/sendlocaloffer Did you know all children 16 years and under can swim for free during the school holidays? Carers can also swim for free when supporting a Disabled Child or Young Person, in receipt of Disability Living Allowance.



NEED SOME HELP?

#### Himmat Support Centre

Midway Business Centre, 703 Stockport Road, M12 4QN Monday and Tuesday 10am-3pm Telephone: 0161 224 7250, Email: nadia\_himmat@outlook.com

#### **Lifted Carers Centre**

Alpha House, Rowlandsway, Wythenshawe, Manchester, M22 5RG Mon - Fri 10am - 3pm Telephone: 0161 498 0312, Email: emma@liftedcarerscentre.org. uk

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#### **Talbot House Support Centre**

1 High Peak Street, Newton Heath, Manchester, M40 3AT Mon - Fri 10am - 3pm Telephone: 0161 203 4095, Email: admin@talbot-house.org.uk

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#### **Carers Link**

Appointments at different venues Telephone: 0333 323 1990 option 1, then option 4 Email: vmellor@carerstrust4all.org.uk

#### The Manchester Carers Centre

MANCHESTER CITY COUNCIL

Bridge 5 Mill, 22A Beswick St, Manchester M4 7HR Mon - Fri 10am - 3pm Tel 0161 272 7270, Email: admin@manchestercarers.org.uk

*llustrations by Sally Hirst* This leaflet was produced in partnership with;





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