# COVID-19 (Coronavirus) Advice for Parents, Carers and Pupils



You are likely to be aware of the outbreak of novel coronavirus and the subsequent confirmed cases in the UK. We take our responsibility for the health and safety of our pupils and staff very seriously and so we would like to share with you the guidance from Public Health England which was issued to Trusts and schools.

The Trust will be following the guidance, COVID-19 guidance for Education Settings, recently published by the Department of Education and Public Health England which you can view via the following link.

### https://www.gov.uk/government/publications/guidance-to-educational-settings-about-covid-19

If there are any significant updates to this guidance, the Trust will keep you informed.

This guidance covers information for Pupils and employees about:

- 1. the virus, how it spreads and prevention of spread
- 2. what to do if Pupils or employees become unwell and believe they have been exposed to the virus (either through travel to a specified country or area or contact with a confirmed case)
- 3. what to do if a case is suspected and or confirmed
- 4. what to do if they have been in contact with a confirmed case who was symptomatic
- 5. what to do if they have travelled from a Category 1 or 2 specified country/area in the last 14 days

### Summary of Advice from Public Health England

#### Prevent the spread of infection

In order to reduce the risk of spread we ask that Pupils follow the Public Health England guidance on preventing the spread of infection in line with the Catch It, Bin It, Kill It campaign which is being actively promoted across Trust.

Make sure you and your children follow these general principles to prevent spreading any respiratory virus:

- Wash your hands often with soap and water for at least 20 seconds, or an alcoholbased sanitiser if soap and water aren't available Avoid touching your eyes, nose, and mouth with unwashed hands
- Avoid close contact with people who are sick
- If you feel unwell, stay at home and don't attend work or school
- Cover your cough or sneeze with a tissue, then throw the tissue in a bin
- If you're worried about your symptoms, please call NHS 111 don't go directly to your GP or other healthcare environment

# COVID-19 (Coronavirus) Advice for Parents, Carers and Pupils



If you or your children have returned from a category 1 country or area in past 14 days This includes:

- Wuhan city and Hubei province,
- China,
- Iran\*,
- Daegu or Cheongdo,
- South Korea\*
- Any Italian town under containment measures\*

\*Only if you've returned on or after 19 February 2020

Contact NHS 111 for advice, and:

- Self-isolate for 14 days after leaving the country or area
- If you become unwell, call NHS 111 immediately for an assessment (or 999 if you require emergency medical attention) see below for the symptoms to look out for

If you or your children have returned from a category 2 country or area in last 14 days This includes

- Cambodia,
- China (other than Wuhan city or Hubei province),
- Hong Kong,
- Italy: north\*
- Japan,
- Laos,
- Macau,
- Malaysia,
- Myanmar,
- Singapore,
- South Korea (other than Daegu or Cheongdo)
- Taiwan,
- Thailand,
- Vietnam.

\*Only if you've returned on or after 19 February 2020

If you or your children are well:

- You don't need to avoid contact with other people
- Your other family members don't need to take any precautions or make any changes to their own activities

### COVID-19 (Coronavirus) Advice for Parents, Carers and Pupils



If you become unwell (see below for a list of symptoms):

- Stay indoors and avoid contact with other people as you would with other flu viruses
- Call NHS 111 immediately for an assessment (or 999 if you require emergency medical attention)
- Symptoms to look out for:

If you've returned from any of the category 1 or 2 areas or countries, look out for the following symptoms:

- Cough
- Difficulty in breathing
- Fever (a temperature of 38 degrees C or higher)

According to other official guidance, while you wait for further advice:

- Avoid contact with others
- Stay at home don't go to work or school
- Don't travel while sick

#### **Reporting an absence**

If Pupils are going to be absent from school, they need to follow the normal absence reporting procedure and provide the reasons for their absence.

#### Support

Pupils who are advised by a medical practitioner not to attend school for a period of isolation or illness will be provided by the school with alternative methods to keep up to date with their learning.